

# **Toastmasters International Fact Sheet**

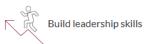
Toastmasters International is a nonprofit educational organization that builds confidence and teaches public speaking skills through a worldwide network of clubs that meet online and in person. In a supportive community or corporate environment, members prepare and deliver speeches, respond to impromptu questions, and give and receive constructive feedback. It is through this regular practice that members are empowered to meet personal and professional communication goals. Founded in 1924, the organization is headquartered in Englewood, Colorado with approximately 270,000 members in more than 14,000 clubs in 150 countries.

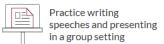
### **Benefits**



environment









Maximize your potential



Gain a competitive advantage in the workplace



Enjoy unlimited personal growth



Build self-confidence and self-awareness

## **About Lake Ridge Toastmasters Club**

Lake Ridge Toastmasters Club serves residents around Prince William County Virginia, and via online Zoom meetings serve members across the US and Canada. Visit us to see why we are considered one of the premiere clubs in the world. Because of our continuing success in helping members achieve their communication and leadership goals, this club is one of only 22 clubs worldwide to have achieved all club goals for over twenty consecutive years: "10-10" President's Distinguished Club recognition.

#### Mission

The mission of the Lake Ridge Toastmaster is to provide a mutually supportive and positive learning environment in which every member could develop communication and leadership skills, which in turn foster self-confidence and personal growth.

## What can you expect when you join Lake Ridge Toastmasters (LRTM) club?

- 1. At Toastmasters, members learn by speaking to groups and working with others in a supportive environment. Lake Ridge Toastmasters offers a true mosaic of talent. Our club membership consists of a wide range of age and experience levels and attracts members from a variety of professions. The diversity of talent makes LRTM a place where there is a support for ever experience level.
- 2. Participation in Pathways Toastmasters International educational program in which members self-select the pathways in which they desire to participate (1. Dynamic Leadership 2. Engaging Humor 3. Motivation Strategies 4. Persuasive Influence 5. Presentation Mastery 6. Visionary Communication).
- **3.** Work with a mentor who can offer wisdom, knowledge, and experience for a new member who wants to learn, grow, and achieve.

#### **Contact Information**

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www.toastmasters.org